



Stephanie Coughlan

Sports Therapist &
Fitness Model



Stephanie is a sports therapist with a passion for helping others succeed. As a former national athlete herself, she works with Olympic, Paralympic, and other top-tier athletes in order to help them achieve their full potential. Whether it is through her work with athletes or her online social media presence, Stephanie is always looking for ways to empower those around her.

SIGNATURE TOPICS

- ✓ Women Empowerment
- ✓ Wellness and Self-care
- ✓ Being Your Authentic Self



43.8%



56.1%



58% Canada
12% US
8% Global

139K

Followers

2.8%

Engagement



COLLABORATIONS

FEED POST

- Promote your business, product, or service with a post on my feed

STORY POST

- Grab attention and drive traffic to your offer with a story post

FEED + STORY POST

- Maximize exposure with a combination of feed and story posts

Pricing available upon request



Please feel free to reach out for any questions.

Get in Touch!



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